
Factsheet for ambulatory sedation „twilight sleep”

Dear patient,

you are to undergo a surgical procedure under sedation with medication (twilight sleep).

PLEASE TAKE NOTE OF THE FOLLOWING INFORMATION BEFORE AND AFTER THE SURGERY:

- On the day of the surgery, you are only allowed to leave the practice when **accompanied by an adult person**
- You **must not drive a vehicle for 24 hours** after the surgery and should refrain from any active participation in road traffic
- After the surgery, you will be **legally incompetent** until the next day, i.e. you will not be allowed to enter into any contracts or legal transactions
- Take all **medication** before and after sedation as usual
- You may have **food and drinks** as usual before the surgery
- Usually **sedation** is a private service
- Do not consume **alcoholic beverages or other drugs** up to 24 hours before the procedure
- Please **do not take any sedatives or sleeping pills** on the day of the surgery or the day before as these can lead to an unwanted increase in effect!

If you have any questions, please do not hesitate to contact us by telephone.

We wish you a successful treatment and are pleased that you have chosen an anxiety- and pain-free treatment under sedation.