
Information sheet

What you should consider before and after a surgery on the face/skin

TO BE CONSIDERED BEFORE THE SURGERY:

- Avoid analgesics containing **acetylsalicylic acid** (ASA)
- Please do not wear **make-up** on the day of surgery and avoid using any **face cream** or other skin care cosmetics
- Please **eat and drink** enough before the surgery (**no coffee**)

TO BE CONSIDERED AFTER THE SURGERY:

- Please leave the **wound dressing** for **48 hours** after the surgery. The first dressing change usually takes place in our practice.
- Please keep the dressing and the wound **clean** and make sure that it does **not get wet**
- In case of **postoperative bleeding**, please contact us! Outside office hours, in urgent emergencies at night or at the weekend, please contact the emergency room (Leipzig University Hospital, St. George Hospital Emergency Department)
- Please **drink** enough!
- Physical exertion (e.g. heavy lifting, sports), sauna visits and sunbathing should be avoided for **up to 2 weeks** after the surgery
- Please take the **prescribed medication** as medically advised
- Do not discontinue any prescribed medication after the operation **without consultation**, even if you are feeling well
- Do not drive your own vehicle after the surgery, **reaction time** may be reduced due to the local anesthetic
- If the **swelling** or **pain** continues to increase after the fourth day, please make an appointment with us for a check-up
- **Certificates of incapacity for work** may not be issued retrospectively. If you do not feel able to work at the end of your sick leave, please contact us!